

Let's keep going together

Thank you for all you've done to help the city through the virus.

Let's look out for each other

Please:

- Remember **STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES**
- Carry on being good neighbours
- If you have symptoms, stay home and get a test at **nhs.uk/coronavirus** or call **119**
- To support your own wellbeing visit **livewellyork.co.uk/feelrealYork**

If you're on your own and don't have any support, **we can help you.**

Email: covid19help@york.gov.uk **Call:** 01904 551550

For more information, please visit
york.gov.uk/coronavirus

